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Helmut Schiessel studied physics at the Albert-Ludwigs University, Freiburg, Germany. There he earned his PhD under the guidance of Prof. A. Blumen in the Group for Theoretical Polymer Physics. After graduating in 1997, he worked as a postdoc with Prof. P. A. Pincus at the University of California, Santa Barbara. Then, he was a joint postdoc with Profs. W. M. Gelbart and R. Bruinsma at the University of California, Los Angeles. In 2000, he joined the Theory Group of the Max Planck Institute for Polymer Research, Mainz, Germany, where he was in charge of a biophysics research project. From 2005 to 2020, Prof. Schiessel headed the chair of Theoretical Physics of Life Processes in the Instituut-Lorentz at Leiden University, the Netherlands. In 2021, he joined the Cluster of Excellence Physics of Life at the Technical University in Dresden, Germany, where he heads the Theoretical Physics of Living Matter Group.

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